

Staying Fit and Healthy

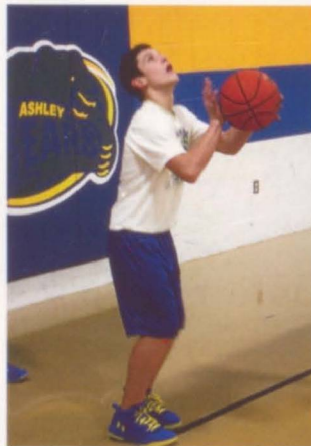
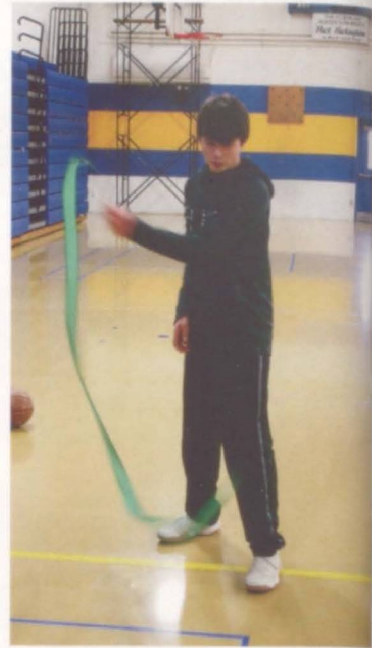


Top: Alex Santiago tries his best to block Tyler Johnson's drive to the basket.

Right: Cole Keller stretches as far as he can for the v-sit during fitness testing.

Far Right: Jutin Efu shows off his ribbon skills.

Below: Isabele Kremer does a pull up.



Left: Korvin Bradley focuses on making the shot.



Right: Ashley Gavenda tries not to laugh as she sprints across the gym during class.



The freshmen cheer on Kadyn Welch as he competes in the shuttle run.



Daniel Smith takes off into a sprint during P.E. class.



Kyle Malek turns away from the camera to concentrate while pumping some iron.